



**NORTH CAROLINA BOARD of MASSAGE  
& BODYWORK THERAPY**

[www.bmbt.org](http://www.bmbt.org)

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**SMALL GROUP STUDY FORM**

**NORTH CAROLINA LICENSE NUMBER:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_ **First:** \_\_\_\_\_ **Middle/Maiden:** \_\_\_\_\_

Journal Article

Clinical Videotape

Audiotape

\_\_\_\_\_ Title

\_\_\_\_\_ Author

\_\_\_\_\_ Publisher

\_\_\_\_\_ Time Spent

\_\_\_\_\_ Date of Completion

\_\_\_\_\_ Co-Participants

\_\_\_\_\_ Signature

\_\_\_\_\_ License #

Statement describing how this activity relates to your current or anticipated roles and responsibilities:

**\*As stated in the Rules of the North Carolina Board of Massage and Bodywork Therapy 21 NCAC 30 .0701:**

- (3) Small Group Study:
- (a) Includes on-site, in-person review and discussion, by at least two licensed practitioners, of professional medical journal articles, clinical videotapes or audiotapes related to the practice of massage and bodywork therapy;
  - (b) There is a maximum of two contact hours in this category; and
  - (c) Documentation shall include title, author, publisher, time spent, and date of completion. The licensee shall complete the Small Group Study Form provided by the Board on its website at [www.bmbt.org](http://www.bmbt.org) and include a statement that describes how the review and discussion relates to the licensee's current or anticipated roles and responsibilities.